



# The Grimsen Courier

## A New School Year

By: Ayman Mounota

Welcome back everyone! My name is Ayman Mounota, and I am this year's Editor-In-Chief. It is an honor to hold this position and can not wait to work with such talented writers for this school year.

Let me congratulate our new Student Body President, Cal Talutto!! He is an exceptional student and, I believe, is going to do great for our school. He is a part of the Yearbook, the Health Careers Club, and the Football and Basketball team. I took the liberty to ask him about his ideas for the school year.

His goals are:

1. More school spirit! Everyone is so busy with all of the activities and schoolwork that school spirit is just another burden. We want to make sure that we take pride in our school without feeling like it is a task. We need to be excited about coming to school.



2. Lesson the strict phone policy. Cal will try his hardest to get the phone policy reversed due to lunches and study periods. Many students use their phones to help them with school. Let us be honest, the chromebooks are a pain. We use our phones to study such as using quizlets, and many students are more comfortable with

notes online. Phones can be used for good. We can not let a few students mess it up for everyone.

3. New designs for student sections at games. Let's spice up our t-shirts!
4. Allow pajama pants! It can be counted for fashion as well. Let students feel comfortable while learning!
5. Bring back the classics. Everyone wants the classic Buck sweaters back on sale.
6. Spirit Week. Make things more competitive. Freshman and Sophomores need to be given the same chances as the older students. Do not think that you have lost without trying. Everyone deserves the equal opportunity to win. As Cal put it, "Make them feel more welcomed with the big boys."
7. Senior Day. We can not forget about the seniors! We need one last time while we are high schoolers. "One last hoorah together!"

I don't know about anyone else, but I can not think of a better way to plan for the school year. Yet, we need

to remember, none of this is possible without the support of all of the grades!

### Personal Goals

Excluding every outside impact, this year, I want everyone to focus on themselves.

Remember that we are the most important in our lives, and being selfish is not always a bad thing. Think about personal

growth. Think about a new year's resolution! January will come fast than you think!



# Meet the Editors!

## **Editor-In-Chief**

### **Ayman Mounota**

Hello again! I wanted to take a page to appreciate our editors. These students work so hard to get our work done and turned in on time. I can't thank them enough for their work and cooperation.

As you know I am the Editor-In-Chief of Crimson Courier, but I am also the founder and president of Culture Club. I am co-captain of Mock, vice president of Book Club, Spanish Club, and Music Guild, and a Health Careers Club Officer. I am a member of the Art, Service, and Earth Club.

## **Editor of the Newspaper Section**

### **Julianna Grow**

Hello, my name is Julianna Grow and I'm happy to say that I will be the editor for the News section in this year's newspaper! I'm a sophomore who participates in multiple clubs outside of Newspaper such as drama, culture, and spanish club. Newspaper gives me the opportunity to write about things I have a passion for or just things I enjoy, like the clubs I'm in. This year, I'm most excited for our fundraisers so we can raise money for an amazing club!

## **Editor of the Opinions Section**

### **Nick Creed**

Hey! My name is Nicholas Creed and I am the editor for the Opinions sections. This is only my first year as a member of the Crimson Courier, but due to my passion for writing and linguistics, I feel well fitted in my position as an editor.

For those who may not know, I am the president of the Spanish Club, a member of Mock Trial, and a clarinet player in Concert Band. The clubs listed before are the clubs in which I hold leadership and/or dependable roles. I am also a member of the Culture Club and French Club. For sports, I am a basketball cheerleader and swimmer. In addition to these extracurricular activities, I hold two part-time jobs outside of school. I am super excited to embark on this new journey and I appreciate all readers that support our school newspaper. Enjoy!

## **Editor of the Arts Section**

### **Izzy Rough**

Hi, my name is Izzy Rought, and I am the editor for the Arts section. I am a member of the basketball cheer team as well as a member of many clubs. I'm excited to take part in many fundraisers and school trips this year.

## **Editor of the Middle School Section**

### **Loren Spudic**

My name is Loren Spudic and I'm this year's Middle School editor. Along with this, I am stage manager in the drama club, in the marching band, and an ambassador for our schools FOR club. As this year's editor I'm excited to learn more about our Middle School and share my discoveries with those who are interested!

## **Editor of the Features**

### **Tommy Pavlowski**

I am Tommy Pavlowski and I am a two-year member of the Crimson Courier. I am extremely happy that I joined last year because I really enjoyed writing various articles. Outside of the Crimson Courier, I am the Senior Class Treasurer, Art Club Vice President, Service Club Secretary, and Earth Club Treasurer, and I am a four-year member of the boy's tennis team. I am excited for a great senior year!

## **Editor of the Sports Section**

### **Adeline Toole**

Hi, my name is Adeline Toole, but you can call me Addy! I am honored to be an editor for our Sports Section of the newspaper. I love talking about our school, and one of my favorite parts is sports. I think it is important to acknowledge all athletes because of their hard work, dedication, and the way they represent our school.

If you do not know, I am the Sports Editor for the Crimson Courier, Vice President of the Senior Class, President of the Art Club, Secretary of the Earth Club, Event Coordinator for the Service Club, and Captain of the Girls' Varsity Soccer Team. I am also a part of the TACT and GSA Clubs!

# News

Editor: Julianna Grow  
Staff Writers: Julianna Grow

## The Beverly Hillbillies

By: Julianna Grow

This fall, the Dunmore Crimson Company presented *The Beverly Hillbillies*.

*The Beverly Hillbillies* has shown to be a favorite on American TV, and we hope it can be a favorite at the DHS too! It's a story about a family's comedic journey to become rich, thanks to the discovery of oil on their land. Both the cast and crew are already working so hard trying to make sure this show is perfect. After all, we do have big shoes to fill after the extraordinary performance of *The Wizard of Oz!* The cast will had actors ranging from eighth to twelfth grade. The club will presented their hard work and skills on November 17th, 18th, and 19th. Thank you for supporting your school and your friends in the Crimson Company by attending one of our shows.

We will see you at the next one and can assure you you'll enjoy it!



## Dia de Los Muertos

By: Julianna Grow

Day of the Dead (Dia de los Muertos) is a Mexican holiday that is traditionally celebrated on the first and second of November, though some may celebrate it on other days. It is believed that on this day, souls of the deceased come to visit their living friends and family. The living celebrate this by visiting graves, offering food, drinks, the person's favorite things, and setting up altars.

These altars, also known as ofrendas, are set up with the intention that the souls will want to visit and will then hear the words of the living. The altars can be set up anywhere such as their homes, schools, or even just the person's grave. They will even leave pillows and blankets for the souls visiting so they can rest after their journeys. On top of all of these traditions,

people will also write short, lighthearted poems that can be dedicated to the dead or alive. These poems are called calaveras literarias, and are unique to this holiday. Day of the Dead is such a beautiful and interesting holiday that is celebrated in Spanish class at Dunmore and all around the world in such creative ways.





# Sports

Editor: Addy Toole

Staff Writers: Krithika Krishnan, Savannah Lockwood

## Student Sections

**By: Krithika Krishnan**

One thing I realized that our school needs is a student section at all of the games and meets. As



a performer in the marching band going to other schools, seeing the student section made me wonder, "Why doesn't my school have a student section." Student sections bring a ray of excitement to the school with students cheering for their school team. This year I believe that we should organize student sections at our games and meets to support the Bucks. We can only prove our support for our team if we show up to the football games every Friday night or cause a lot of noise at basketball games. Just remember the Bucks are playing hard to win but what is the point of them playing if there is no one for them to play for? Bring your friends, family, and former Dunmore students to the game and show our school spirit and come cheer for the Bucks every time!

## Girls and Boys Soccer

**By: Addy Toole**

Our Girl's Soccer Team has dealt with many difficult challenges this season. Led by captains Addy Toole and Faith Bravo, they have overcome different teams throughout the season, such as their 3-2 win to North Pocono. They have dealt with quite a few injuries throughout their team, but are planning to make a comeback. With a 6-7-3 record,



they plan to come back in the playoffs. They will most likely play Mountain View in the first round. We wish our girl's team the best of luck for the remainder of their season!



Our Boy's Soccer Team is one of the most athletic teams Dunmore has to offer. With about thirty players on their team, they are led by two



great captains, Brian Santarsiero and Carmen DeNapoli. Coached by Mr. Tom Clark and Mr. John Joseph, this team has been led through their captains, seniors, and spirit. They ended their 2022 season with a 11-3-2 record. They have an ongoing rivalry with the Holy Cross Crusaders. After coming back in both of their games to end both ties, on Thursday, October 27, at Memorial Stadium, they finally won the “Battle of the Borough,” claiming their rightfully deserved league championship. However, the wins did not stop there. Our boys went on to defeat Western Wayne, Holy Redeemer, and Wyoming Seminary for the District Championship. This is the first ever championship. This team has clearly left a legacy behind. Not only have we had team success, but there has also been individual success. Captain Brian Santarsiero and Maynor Castro-Lemus both led their team by scoring over fifty goals in their careers! The boys sadly ended their season in a loss to Lewisburg in the first round of states, but we congratulate them on an amazing season and making history.

**Football, Cheerleading, Twirling, and Band**  
**By: Savannah Lockwood**

Dunmore Bucks football began this year’s season in the best way possible, with an unexpected win



against Old Forge to boost their morale. Currently, heading into week nine, the Bucks are 5-3 and ready for another win. With a tough season last year, the team has been practicing since the early summer

and putting the work in to make this year better than the last. The Bucks are leading a great season so far, and have much more to offer with the playoffs right around the corner. However, the football team can’t put on a good show without their supporters



cheering them on from the sidelines. The cheerleading team, twirlers, and band give it their all under the lights every Friday night just as much as the football players do. Whether win or lose, the band, Miss Buck and her



twirlers, and the cheerleaders continue to encourage the boys and keep everyone’s spirit alive. Without them, it would never be a true Friday night lights experience. With the fall season coming to an end, Dunmore recognizes this year’s senior members of the marching band, cheerleading team, football team, and Miss Buck during senior night on October 21, 2022.

# Features

Editor: Tommy Pavlowski

Staff Writers: Alex Blasi, Emma Renard, Shamus Hinton, Eva Patel

## **Time Investment: Physical Health**

**By: Alex Blasi**

There are many reasons, why physical health is a major time investment. There is one reason, that sticks out more than all of the others. The main reason, according to the CDC, is that there are a ton of benefits, to exercising, for kids, adults, etc. Kids can train for sports, since they would need to exercise to improve their skills, while adults will need to keep up with their physical health, to get more jobs, like the NFL, NBA, NHL, etc. A lot of adults and kids are under a time crunch more recently. Even if there's no time, there is one common thing, that kids and adults can do, even right now as you're reading this article: have activities.



### Types of Physical Health

There are many ways how to handle physical health, through activities. Activities are used for fun, used in school to show examples of a subject in class, etc. Without these activities, a lot of people, from many different age groups, would be missing out on a lot of things. A lot of people consider exercise as an activity, due to having one person putting a lot of time and

energy into doing exercises constantly. People must keep track of how much exercise one is doing for the day. Whether it's walking for half an hour, or doing a full two-hour exercise routine, from doing push-ups to running up a flight of stairs, just to meet one's satisfaction. It will take time to see the results, since it'll be a slow process, to see improvements. But if one keeps up with their dedication, then it will pay off in the end. Without dedication and time, one wouldn't be able to support their physical health. This is why physical health is a major time investment.

## **Halloween**

**By: Emma Renard**

Halloween is a very different holiday. Although it started as a Celtic- pagan festival to celebrate the harvest, it is now only really celebrated in the U.S. and is primarily a commercial holiday. People spend billions of dollars on decorations, costumes, and candy yearly. Although it's a lot of money, it's so much fun.

Most regions of the country dress up in costumes, do trick or treating, watch scary movies or Halloween classics, eat pumpkin-flavored treats, etc. However, there are many differences as well. Some communities have Halloween festivities, like trick or treating, on the Saturday before Halloween so kids can stay up late and not worry about getting up early in the morning for school the next day. Another alternative option some communities do is they have certain hours for trick or treating. It might last from 5-8 pm so kids can get to bed early as well.

NEPA is one of the best and most unique places to be for Halloween and the whole season of fall. We have beautiful foliage and the weather is cool, most of the time not too hot and not too cold.



A majority of people decorate their homes and businesses to get people into the spirit. Aside from decorations, we have different Halloween and fall-related activities that people can go to.

Ritters is a farm with BOMB apple cider doughnuts, plenty of other delicious baked goods, pumpkins for sale, and so much more. It's very picturesque with the foliage. We also have Roba's which is more activity based while Ritters is more for food. Roba's has a gigantic, scary, and extremely confusing corn maze, a pumpkin trampoline, pig races, a hay ride, and much more. It's a great place to go with friends and family. We also have Reapers Revenge which is for people that like haunted attractions. There's a haunted hayride and various different walkthroughs with actors. These actors have crazy good makeup and outfits. It is especially scary because they can touch and drag you if they so chose. My advice is if you don't want to get touched, don't look scared.

Our own little Dunmore community has a lot to offer as well. Many kind families open their homes for trick-or-treaters each year. Our school hosts many activities as well, such as a trunk or treat, haunted hallways, scary movie nights, and an annual Halloween parade for the elementary center. We get out early on Halloween day and instead of the bell going off when we change classes, Halloween songs play instead. Our teachers give us candy and for some classes, we just watch movies or do a word search which is a nice break considering our busy lives.

Halloween is a fun and special time for families, friends, and the community as a whole. Our community has a lot to offer when it comes to a lot of people's favorite holiday, Halloween.

## Science in Motion Program Comes to Dunmore High School

By: **Shamus Hinton**

During October, some of Mrs. Hinton's Biology classes had the opportunity to participate in Wilkes University's Science in Motion program. Science in Motion is a program where students get to experience STEM activities and science labs that they might not have the opportunity to experience otherwise. The program was started years ago by the students and staff at Wilkes University in order to bring science labs, equipment or STEM activities to high school classrooms in Lackawanna and Luzerne counties. The program was designed to help bring interesting and fun science labs to classrooms where the teachers may not have the money or resources to afford the labs or equipment. If a teacher is interested, they simply go online, browse the labs that are available, choose the lab they want to do and schedule a date and time for them to deliver the lab. There are lots of cool labs to choose from and Wilkes University will even supply an instructor to help the high school teacher with the lab.





This month, Dunmore students got to experience a lab that helped them learn about enzymes. Enzymes are substances that help speed up chemical reactions in living things. Not only did they learn how enzymes work and how they can affect different reactions in our bodies but they also had the opportunity to use a spectrophotometer. A spectrophotometer is a machine that measures the amount of light that a substance absorbs. Most students would not have the opportunity to work with a machine like this until they are in college but this program gives them the opportunity to experience it in high school.



Wilkes University is always adding more labs that use the newest technology and teach about the most current topics that are going on in the world of Science. They even have some cool forensic science labs and labs using CRISPR, which is a new gene editing device. Mrs. Hinton has used Science in Motion for years and already has more labs planned for this year. This is a great program and will hopefully be available for many years to come!

## Healthy Golden October!!!

**By: Eva Patel**

You read that correctly. It's Autumn and October, which means we're getting closer to the end of the year. Can you believe it? Diseases and illnesses increase when Autumn, also known as Fall, approaches. We are more likely to catch the flu or cold when the weather cools. First, let me ask you a question. What is your top priority for this season? Answers will vary, as some will mention studies, sports, and for seniors, applying to colleges and universities, among other things. However, your top priority is **YOU and YOURSELF**.

It is essential to stay fit and healthy throughout the year. Here are some tips for remaining healthy and fit:-

1. Eating a balanced diet:- We are all aware of how important veggies and fruits are to our bodies. A bowl of fruits every day not only keeps our bodies healthy and maintained, but it also lowers blood pressure, lowers the risk of heart disease and stroke, prevents

2. some types of cancer, lowers the risk of eye and digestive problems, and has a positive effect on blood sugar, which can help keep appetite in check.
3. Exercising:- There are several types and forms of exercise. Walking, jogging, swimming, working out at the gym, dancing, riding, and other activities are all options.



While some of these activities may be tough to perform in chilly weather, indoor exercise is one of the greatest ways to keep the body moving. Yoga practice not only benefits our physical health but also our mental health and helps us concentrate.

4. Selfcare:- Our skin and hair routines are examples of self-care. Not to add that maintaining skin and hair is one of the most significant aspects of healthcare. We sometimes forget that our skin and hair are a reflection of ourselves and that maintaining them is also a concern. The weather may cause problems with our skin and hair, and frequent cleansing and moisturizing are essential since the skin becomes dry in cold weather. DO NOT wash your hair every day. When your hair is already dry from the weather, it might become much more so.



Wash your hair according to its kind. If your hair is greasy, wash it every 2-3 days; if it is dry, wash it every 3-4 days. Create a self-care routine based on what works best for you.

## Thanksgiving Break

**By: Tommy Pavlowski**

This school year is moving by at a rapid speed and somehow we are already in the month of November, which means turkey time! Thanksgiving is a time of year when you get to say what you are thankful for and get to spend time with your family. We also cannot forget about the delicious foods that are prepared for Thanksgiving. Everyone has a favorite food at the Thanksgiving table, whether it be stuffing, turkey, mashed potatoes, and so many more delicious options. I hope everyone had a safe and enjoyable holiday with family & friends!





# Opinions

Editor: Nick Creed  
Staff Writers: Collin Blasi

## Halloween Vs. Christmas

By: Collin Blasi

There are many different reasons as to why some may prefer Halloween or Christmas over the other. Here, I am going to list my personal opinion as to which holiday is better and why. I'll start off with Halloween. One thing that is great about Halloween is the atmosphere. You see people wearing costumes the one time of year where they feel happy with the costume they chose to wear. Also, the colors of the trees at this time of year are amazing to look at. The vibrant colors of red, orange, yellow, and even some remaining green, are great to be around. Another reason why Halloween is better is because you are able to eat a boatload of candy, without judgment as to why. For example, if you are a diehard fan of M&M's, you can just eat to your heart's content, and feel good about it.



The reasons for why Halloween is better are great points, but we should see the other side of the argument, which is how Christmas is good. One good thing about Christmas is that the atmosphere is great as well. The nice white colors, along with the bright colors of Christmas decorations makes the

atmosphere amazing to look at, as well as to be a part of. Another reason why Christmas is good because you are able to have a good time as a family. Christmas is a time that most people have the day off, and are able to unwind, and feel a sense of happiness because it's the day that most are off for the day. Another reason as to why Christmas is good is because you receive gifts from others that care about you, and also the reverse is true as well. Receiving gifts makes you happy due to the mystery of it all, and you can make predictions about what the gift will be, and either be shocked that you are right, or not surprised that you are wrong. Regarding giving gifts feeling good, you are able to show that you care about others using what they like doing everyday, or wish to be doing everyday. For example, you could give your friend a paint set because they want to paint, but they don't have any way of doing so.



Overall, I have to give the win to Christmas, solely because it is better in a variety of ways. Even though this article is being written in the fall, well before Christmas begins, I have happier memories during Christmas, rather than during Halloween. If you disagree with my reasoning, or have supporting reasons that I



haven't mentioned here, then that's great! That just means I have room for improvement in the future, instead of being stuck with my own opinions being the only ones that matter.

### Can We Benefit From More Variety?

**By: Nicholas Creed**

Picture this: you live in France and the month is September. Today is the first day of school. It's 7:00 am and you have just checked your schedule and noticed that your classes do not start until 8:00 am today. You get an extra hour to get ready for school. Today is a full day; your school day does not end until 17:20, or 5:20 pm as one would recognize it in the US. But tomorrow is different, and the day after that, and the day after that. French high schools do not have the same system as American high schools; Every school day has a different agenda. Although your day may end at 5:00 pm on Monday, your day on Wednesday may end at 1:00 pm. This is normal for French schools, but should it be normal for us as well?

At Dunmore, our school day starts at 7:40 am and ends at 2:28 pm, Monday through Friday, August through June. We follow the same schedule every day except for different rotation periods. After a while, this flow of monotony tends to feel repetitive or tedious. You may often hear students complain or lament going to school because they find it boring. This causes me to ask whether or not varied school schedules may benefit us in a way to help prevent this grunt-and-moan culture of having to repeat the same routine every day. Variety is often idealized among the youth. We are naturally attracted to things that are different and give us new experiences. We also may often find ourselves stressed over workload or pressure from extracurriculars without finding the time to relax or take some time for ourselves. We need schedules that prioritize our well-being as well as our education. You can't be expected to learn if you're not even being given the time to take care of yourself properly.

Maybe we can benefit from more spread-out days with more time between certain periods. This may give us the time to decompress before our next class or catch up on work that we need to complete. Some school systems have adopted this feature and it works for the students. Take Spain as an example. It is common for a student's schedule to feature a "descanso" or "break" once or twice throughout the school day. This may result

in a longer school day but at least it'll give students time to finish some work, relax, grab a snack, or maybe even take a nap before their next class. Once they get home from school or after-school activities they may not feel bombarded with work because they had time throughout the day to complete it. This will ultimately decrease stress and may promote sociability and independence among students. They may also be able to sleep more as they now have more time to do so.

American students are often pushed to the brim with assignments, sports, clubs, work, and many other things that are prominent in adolescent lives. We may be able to benefit from elongated or staggered schedules as we will have more time to unwind and live more normal and healthy lives. Without change, we can never see improvements. It is up to the American educational system to either ponder on new ideas to help benefit our students or carry on with the same systems we have seen let us down before. I encourage our students to try their best to embrace better habits and find more time to tend to their wants and needs without wounding their responsibilities. It may feel very hard to stay afloat, but with a new school year freshly commenced, I promise it can be done.

Time	Monday	Tuesday		Wednesday	Thursday	Friday
8:00		English A week	H/G <sup>2</sup> B week		English	
8:35	Study			Study		French
9:30		H/G <sup>2</sup>			Spanish	
10:10	History/Geo	French			Physics/Chemistry	
11:05	Spanish	Maths		TPE <sup>1</sup> 27/9 - 11/3	English (groups)	Advanced English
12:00	Lunch					
13:20	French	Study			French	SVT*
14:25	English					Maths
15:15		Study A week	SVT* B week		H/G <sup>2</sup> A week	Study
15:30						
16:25	Study	ECJS** A week	VDC*** B week			Sport
17:20					H/G <sup>2</sup>	

Above is an example of a "lycée", or high school, schedule in France.

# Arts

Editor: Izzy Rought

Staff Writers: Maggie Jimmie, Julia Nota, Breanna Ramos

Photo Chief: Kamran Zia

## ***The Beverly Hillbillies* Come to DHS!**

**By: Julia Noto**

Following up on last year's successful productions of *All Together Now*, *Hard Boiled Eggnog*, and *The Wizard of Oz*, Ms. Carlier, Ms. Jackson, and the DHS Crimson Company begin this year's slate of shows. The first production is *The Beverly Hillbillies*. This play is based off of the classic 1960s TV show, *The Beverly Hillbillies*, which tells a story of the Clampett family, who struck it rich when oil was found on their land in the Ozarks. The show ran from 1962 to 1971, and aired on CBS. The show had 9 seasons, totalling 274 episodes. Jed Clampett, Granny, Elly May Clampett, and Jethro Bodine take their newfound wealth to Beverly Hills. Antics and hilarity ensue when these down-to-earth country folk adjust to the jet-set lifestyle of the rich and famous. They meet characters like Mr. Drysdale, their banker, and his wife Mrs. Drysdale, as well as their secretary, Miss Hathaway. The shows were held on November 17th, 18th, and 19th in the DHS auditorium.

## **Paint the Plow**

**By: Maggie Jimmie**

Once again, Dunmore's senior artists worked hard to create a beautiful plow to enter into PennDOT's 2022 "Paint the Plow" Contest. "Paint the Plow" is a contest in which PennDOT invites students to paint a snow plow blade in an effort to represent their school. Dunmore has participated in the annual contest for three years. The first year Dunmore entered the contest, they won best

overall from PennDOT as well as fan favorite from the online voting. In 2020 and 2021, official contests were not set in place due to Covid-19. Kristine Fagioli, Kaylee Pinto, Tommy Pavlowski, and Addy Toole put in a lot of hard work, under the supervision of Mrs. Hogan, to paint the 2022 plow that is sure to be a major contender in this year's contest. Hopes are high that this plow becomes Dunmore's second success. Great job, and good luck to all those who worked on it!

## **Van Gogh Souped!? Oh No!**

**By: Izzy Rought**

This past weekend, two activists attacked Van Gogh's famous "Sunflowers" painting at the



National Gallery, in London. These activists are members of Just Stop Oil, a group that is against oil and gas extraction in Britain. The painting was thankfully one of the six surviving copies of Van Gogh's "Sunflowers" that he created throughout 1888 and 1889. The painting was replaced just a few hours after the incident and the activists were put on trial to then later be proven not guilty. "Van Gogh's 'Sunflowers' has nothing to do with climate change but the choice of soup was more symbolic at the time", said a spokeswoman for Just Stop Oil. In conclusion, the activists meant no harm to the iconic painting and all they wanted to do was get a point across to the public.



## A Look into the Arts

**By: Breanna Ramos**

Beginning of the school year always have people ecstatic, most of that excitement towards sports. Big sports that the school community hypes up the most include football, soccer, tennis, and more, but what is behind it are the arts. Within the arts department, multiple things are happening that most people don't know about. To start things off, the drama club fall play this year is *The Beverly Hillbillies*. This comedy follows Jed Clampett (played by Jaskson Madajeski) and his family, Granny (Julia Cirba, understudy Breanna Ramos), Elly Mae (Emelia Gabello, understudy Madilyn Keating) and Jethro (Joseph Ramos) as they move to Beverly Hills. Everyone in the drama club have been working incredibly hard for this show. Opening night is November 17th and runs through the 19th, curtain being at 7:00pm. One thing that most students within the arts department are excited about is show choir. The very last time show choir was a thing was the 2019 chours/band winter concert, before covid hit hard. Most of the choir kids were very sad

that they were unable to perform due to covid, but thanks to our wonderful choir director, Mr. Jones, students are able to have their chance to be apart of show choir again. Within the art classes, students are working hard on their different projects based on what art class they have. Art work completed by students may be viewed in the hallway near the high school bathrooms. Along with that, some kids are participating in the yearly "Celebreate Sober" art contest. Students create a drug and alcohol free picture to spead awareness of dangers that follow drugs and alcohol, where hopefully a Dunmore student will win 1st place this year. Lastly, I would like to shine light on a class that I haven't heard about until my Jr. year, and that is Mrs. Casebolt's theater arts class. In theater arts class, students will be able to get up and learn about how theater works. Not only do you learn the skills needed to be an actor, but you will also learn about the behind the scenes of theater. Honestly this class is great in general and its fun to be able to get up and learn instead of sitting still and going over a slideshow presentation. If you enjoy theater or if you want to learn more about theater, I'd say this is the right class for you.





# Middle School

Editor: Loren Spudic  
Staff Writers: Brigid Ahern

## Middle School's Soccer Success

**By: Loren Spudic**

With the excitement of our DHS soccer's successful season, we seem to have looked past our Middle School! Led by Dunmore alumni Noah Barton, their soccer team's season has ended with 10 wins and only 1 loss. "I credit our success to the team." Coach Barton says, "They came ready and willing to learn. This allows me to teach them a way of playing that I would say has benefited us. They also have the winning mentality. Everyone shows up every day ready to become a better player."

Although incredibly triumphant, this was no easy feat considering it was Barton's first year on the coaching side of the field. "My greatest challenge was probably to learn how to coach. As funny as it sounds, I have never coached before. I've played in and studied the game for many years, and learning how to apply that has definitely been a challenge, but the team was great and understanding and that helped me learn how to get my messages across."

Being his first year, a question rises on how many more he plans to have with the Middle School, or is varsity the goal? "I love where I am at currently. I have a great core group of kids and lots of talented seventh graders who will return to my team next year. I eventually hope to coach at the highest level, one-day high school, and hopefully the college level someday. But for now, I plan to return to this team and continue to help develop players and prepare them for the varsity level."

When asked how the experience has been he states, "I love it so far. In all honesty, I didn't know what to expect coming into this. Our Junior High School soccer program is one of the very few co-ed programs our school offers. I was worried about how this will affect our practices and games, but I can say that we have bonded very well. Everyone on our team gets along and is able to have fun and joke around with each other. I can

truly say I am very happy with this team and how well they have bonded and played together."

Lastly, a note from the coach: "For all the readers, if anyone is interested in playing for our co-ed junior high soccer team in the fall of 2023, please make sure to attend our meeting at the end of the school year. It does not matter if you have lots of experience or no experience, our program is here to allow players of every ability level to learn and progress their abilities to play." Coach Barton and the team's success is undeniably an inspiring accomplishment. Congratulations to them on an incredible season!



## Home Ec Class Supporting People With Breast Cancer

**By: Brigid Ahern**

When going through challenging times, you're going to need all the support you can get. Ideally, we would all love to avoid difficult times, but some are just unavoidable. In these circumstances, you're going to still need support. Support alone can not take away the pain, but feeling like you're not alone can definitely make a huge impact.

We've all had many school projects over the years. I bet we've all wondered at one time or

another, "What is the point of doing this?" Anyone who has been in the 8th grade home ec class has helped make happen a school project that means so much more than a grade. For the past 5 years, students in Ms. Dempsey's Home Economics class have made heart-shaped pillows with an encouraging letter to someone in need of support. The receivers are people with breast cancer. The pillow and notes are given to the patients prior to mastectomy surgery.

The students' efforts truly are making a difference. In fact, each year grateful recipients of the heart-shaped gifts often respond by writing back, with some even paying a visit to Ms. Demsey's classroom.

You may ask, "What are the pillows for? Why can't they just have any old pillows?" Well, remember, they are heart-shaped. While they are visually pleasing, the shape is also ideal for serving another purpose. They work to support the healing process near the area that has been operated on. When patients awake from surgery, the handsewn gift is tucked underneath their arm(s). Knowing that these were sewn by hand by students must provide an additional layer of comfort.

One in 8 females will develop breast cancer in her lifetime. While rare, 1 in 1,000 males will also develop the disease. Finding a cure for breast cancer will not be easy. What we can do, however, is to be kind like the kindness shown in this school project. Thank you, Ms. Dempsey, and all those who have helped out with this project. Your efforts have touched the lives of the many who appreciate your support.





